



Paralyzed Veterans of America

Nevada Chapter



Thank you to Elks #1468 and our regular group of volunteers who helped put together 200 grocery bags, backpacks, toy bags, turkeys and much more for our annual Holiday Adopt-A-Vet Program and Paralympic Kids Program. They helped pack and also deliver everything to where they needed to go. We couldn't do this without you.



Paralyzed Veterans of America, Nevada Chapter

www.nevadapva.org

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Mission Statement

The mission of Nevada PVA is to improve the quality of life of U.S. military veterans and others who have spinal cord dysfunction through the use of adaptive sports, recreation, wellness programs, outreach, education, research and support.

Disclaimer

The Nevada Chapter of the Paralyzed Veterans of America is a non-profit organization. We do not ask for or receive any money from any federal or state agencies. All of our funds are received mainly from donations. All members of the Paralyzed Veterans of America have sustained a spinal cord injury or disease. This newsletter is a publication of the Nevada chapter and is meant to inform its readers of Chapter activities, legislation, and other matters of concern to veterans and/or members of the disabled community. The opinions expressed in this publication do not necessarily reflect the views of Nevada PVA, its officers, board members, the editor or production staff.



President/Executive Director Report *by Dan Kaminski and Julie Johnson*



Hi Everyone!

Happy New Year! This past year has been hard on a lot of people and we are not so sure what 2021 has in store for us but we will do our best to help our veterans. If any of you are in need of basic needs such as food, hygiene kits, cleaning supplies or clothing, please reach out to us so we can help you.

Again, I want to thank all of our amazing volunteers from the Nevada PVA, Palio and his crew and the Elks Lodge #1468 for all their help in 2020. We could not have done it without all of you. A huge thanks to Anne Fabian who wrapped presents for 49 special needs kids, their siblings and 10 of our members, it took her two weeks. Let's see how many amazing things this crew does in 2021.

Our annual Walk, Run and Roll is coming up and this year we are going virtual. What does this mean you ask? Well all you have to do is go to our website nevadapva.org, click on the walk, run and roll and register. We will mail you a t-shirt and medal and on the day of the race you can send us pictures or a video of you doing the race and having fun.

If you want to receive the Covid-19 vaccine, please call the VA to set up an appointment.



When I was 5 years old, my mother always told me that happiness was the key to life. When I went to school, they asked me what I wanted to be when I grew up. I wrote down "happy". They told me I didn't understand the assignment, and I told them they didn't understand life. *John Lennon*

National Service Officer Report

by Jason McDonald

Preparing for 2021

As we near the end of 2020, it is a good time to review and update if needed, our personal/family records.

What might this look like?

Has there been any major events this year; a birth of a child, a death of a dependent; if so, have you updated your dependencies with your employer, the Department of Veterans Affairs, and/or Social Security Administration? It is also a good time to review any life insurance policies, bank accounts and investment accounts to verify the primary and secondary beneficiaries and who you want them to be.

It is a very stressful time when a loved one passes away; and for those that are responsible to take care of their personal affairs. For this reason, it is a good idea to have a 3-ring binder or folder that lists all your bank and investment accounts to include the bank name, routing number, account number and phone number. Included should also be a list of your monthly bills with account numbers and phone numbers; and when they are due. A copy of the life insurance policies should be kept in this file as well with the originals in a safe deposit box or safe in your home.

This information should be placed in a secure area; and the person or people who are responsible for your affairs after death, know where to find it.

This is also a good time of year to set goals for 2021. Ask ourselves, what do we want to do in 2021? Is there a project we want to do or a trip we want to take? And make it happen.

If you have any questions or concerns regarding your VA benefits, please do not hesitate to contact me at 775-321-4789 or email jasonm@pva.org.

Some of our Paralympic kids who received Christmas gifts and groceries





January

Julie Johnson	04	
David Gray	28	
Joseph Cypher	14	
Francisco Novero	30	
Robert Nolan	19	
Tx P.Vogler	08	
Mervyn Kaya	02	
Derek Curtis	28	
Norman Woods	13	
Jane Kaiser	02	
David Meiklejohn		25
Robert Phelps	18	
Lauretta Graham	24	
Samuel Whitt	22	
Rhonda Mills	07	
Russell Marsh	05	
Paul Winter	18	
Sharon Lane	17	
Ali Jahanfard	15	
Matthew Kelly	20	

February

Michael Schulz	26
Jerry Myles	28
Michael McDonald	11
Darwin Holmes	17
Anita Lawson-McGlynn	11
James Troy	08
Cheryl Yorkey	16
Samuel Owens	23
William Frankell	15
Armando Guajardo	22
Lowell Higley	24
Arnold Aldana	11
Leslie Phelps	22
Jennie Vogler	07
Eric Cagle	06
Melinda Brooks	01
David Schneider	19
Jaime Anderson-Perelman	24
Randall Schwartz	07
Billy Andre	08
Randall McKee	03
Zachary Miller	17
Kamron Lopez	13

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Veterans Transportation Service (VTS)

Veterans can schedule transportation through their VA primary Care Provider or by calling the VTS office at 1/844-859-5074. Please schedule transportation ahead of your appointment time.

**NATIONAL CRISIS HOTLINE 1/800-273-8255
VETERANS PRESS 1**

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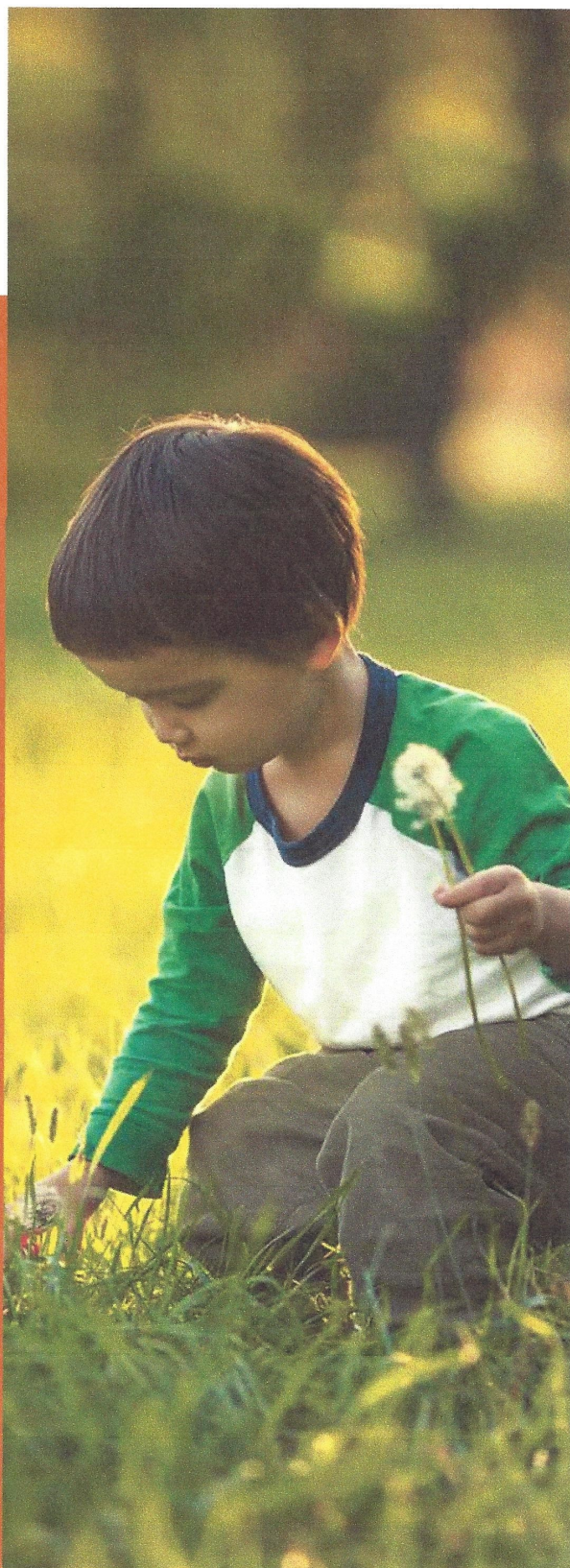
Helpful Information

What purchases qualify?

Just about everything you purchase during your regular shopping trips! The only exclusions are alcohol, tobacco, postage stamps, Smith's Gift Cards, re-loadable Gift Cards and debit cards, lottery and promotional tickets, Western Union, fuel and sales tax.

Remember, there's no cost to participate in this program, and you'll still earn fuel points on eligible purchases every time you shop.

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See Helpful Information for exclusions.





The ReWalk Exoskeleton- Suited for Your Mission



Retired Army Sergeant Terry Vereline crosses the finish line of the 2019 New York City Marathon after walking 26.2 miles in her ReWalk Exoskeleton. She received this device in 2014 and has used it to take nearly 1,000,000 steps in the past five years.

**Did You Know That
Paralyzed US Veterans
May be Eligible For a
ReWalk Exoskeleton?**

**Contact ReWalk for
More Information**

**rewalk.com/contact
or 508.251.1154 Option 2**

What is *Your* Mission?

Whether your goals include experiencing the proven health-related benefits of exoskeleton assisted walking, standing to hug a loved one or completing an entire marathon, ReWalk can help you achieve them.

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200 Donald Lynch Boulevard,
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Thank You!

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**Help support veterans
Make a donation today!**

Nevada Paralyzed Veterans of America is a 501(c)(3) non-profit charitable organization.

Tax ID #31-1647467. Your gift is tax-deductible to the full extent of the law.

Donations can be made in any amount. They will accumulate from January 1—December 31. Donors will be printed in our monthly newsletter unless otherwise requested. To make a donation go online to www.nevadapva.org or call 702-646-0040.

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Race 2 Erase 22

The Dana and Christopher Reeve Foundation

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Las Vegas VA Medical Center Locations

Mailing Address: VA Southern Nevada Healthcare System, 6900 North Pecos Road, North Las Vegas, NV 89086

Main Number: 702-791-9000 **Toll-Free Phone:** 1-888-633-7554 **VA Pharmacy:** 702-791-9076

Toll-Free Nurse Advice Line: 1-877-252-4866

	Northeast Primary Care Clinic 4461 East Charleston Boulevard Las Vegas, NV 89104	702-791-9050
	Northwest Primary Care Clinic 3968 North Rancho Drive North Las Vegas, NV 89130	702-791-9020
	Pahrump Community Based Outpatient Clinic 2100 East Calvada Boulevard Pahrump, NV 89048	775-727-7535
	Southeast Primary Care Clinic 1020 South Boulder Highway Henderson, NV 89015	702-791-9030
	Southwest Primary Care Clinic 7235 South Buffalo Drive Las Vegas, NV 89113	702-791-9040
	Community Resource and Referral Center 926 West Owens Avenue Las Vegas, NV 89106	702-791-9077
	Mike O'Callaghan Federal Medical Center 4700 North Las Vegas Boulevard Las Vegas, NV 89115	702-653-2227 EMERGENCY CARE ONLY
	Psychosocial Rehab Recovery Center 3525 W. Cheyenne Avenue North Las Vegas, NV 89032	702-791-9060
	Vet Center - Las Vegas 1919 South Jones Boulevard, Suite A Las Vegas, NV 89146	702-251-7873
	Vet Center - Henderson 400 North Stephanie Street, Suite 180 Henderson, NV 89014	702-791-9100
	Women's Health Center Temporarily at Northeast PCC 4461 East Charleston Boulevard Las Vegas, NV 89104	702-791-9050

Getting Paralyzed Veterans Walking Again with Indego®



New VA Program offers eligible veterans an Indego® Exoskeleton at no cost.

What is Indego?

A robotic device that enables veterans to walk again.

Indego is an FDA-approved exoskeleton worn around the waist and legs that enables individuals paralyzed from spinal cord injuries to stand and walk, offering a new level of independence.

Indego can currently be used with spinal cord injury levels of T3 to L5 in community or home settings. The device offers:

- Lightweight, modular design
- Slim profile compatible with most wheelchairs
- Rapid setup and breakdown for easy transportation
- Can be used with forearm crutches or walker

Contact us today to find out if you are eligible to receive an Indego exoskeleton.

Email: support.indego@parker.com

Phone: 844-846-3346



Watch Marine Veteran Steve Holbert's story at www.indego.com/veterans



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