MARK WELLMAN'S ADVENTURE DAY AT THE SPARKS MARINA





Who: All people with disabilities & their families and friends.

Sunday, June 9th • 10 am to 2 pm
Climbing • Kayaking • Cycling

FREE - Join us for a day to try new things! - FREE We'll have kayaks, adapted rock climbing equipment and hand-cycles available for participants to try.





Special Thanks to The Nell J. Redfield Foundation For Details: www.sparksrec.com or call (775) 353-7815 Sparks Marina Park • 300 Howard <u>Drive</u>

UPCOMINGPrograms



Cinco De Mayo Dance | Sunday, May 5

2-4 pm | \$3.00 per person Reno Parks & Recreation Gym - 1301 Valley Road

Northern California-Nevada Adaptive Cycling Series | Saturday June 8

9am-1pm | cost: \$10 (includes lunch)

Riders new to adaptive cycling will have an opportunity to sample a range of adaptive cycles. Intermediate and advanced riders will start their ride from the same location, but can travel up to 20. Friends and family members are welcome to ride but are also required to register. Registration is required.

For more information, call April Wolfe at 775-333-7765 or email WolfeA@Reno.Gov.

ONGOING

Arts Class | Thursdays 4:00 - 5:30

Sparks Parks and Recreation Department, in partnership with Arts for all Nevada, has teamed up to provide a craft/art workshop. Participants (ages 16 and older) will be able to develop their artistic abilities each week. Classes are held at the Larry D. Johnson Community Center, 1200 12th St. – Sparks.

Details: (775) 353-7815

Parks & Recreation Bowling | Wednesdays 2:45 - 4:30

Bring your friends and come out to practice your game at the Wild Island Coconut Bowl in Sparks – and have a great time too! We keep track of scores for the Special Olympics tournament scheduled to be held in November at the National Bowling Stadium. All participants are required to have a physical completed and on file. Cost is \$1 per day for one game.

Details: (775) 353-7815