



Nevada Chapter

4th Quarter 2022
Volume 1 Issue 4

May the holiday season fill your home with joy

Your heart with love

And your life with laughter

May love be in your life

May peace be in your world



*Nevada Paralyzed Veterans wishes everyone a
joyous Holiday Season.*

Paralyzed Veterans of America, Nevada Chapter

www.nevadapva.org

704 S. Jones Blvd., Las Vegas, NV 89107
702/646-0040 fax: 702/646-3712 866/638-3837

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Mission Statement

The mission of Nevada PVA is to improve the quality of life of U.S. military veterans and others who have spinal cord dysfunction through the use of adaptive sports, recreation, wellness programs, outreach, education, research and support.

Disclaimer

The Nevada Chapter of the Paralyzed Veterans of America is a non-profit organization. We do not ask for or receive any money from any federal or state agencies. All of our funds are received mainly from donations. All members of the Paralyzed Veterans of America have sustained a spinal cord injury or disease. This newsletter is a publication of the Nevada chapter and is meant to inform its readers of Chapter activities, legislation, and other matters of concern to veterans and/or members of the disabled community. The opinions expressed in this publication do not necessarily reflect the views of Nevada PVA, its officers, board members, the editor or production staff.

President/Executive Director Report

by Dan Kaminski and Julie Johnson



We can't believe its already the end of 2022. What a year of getting back to face-to-face meetings and events. We have lots of great things coming up for next year so stay tuned.

Veterans Day we will once again be participating in the parade. If you would like to take part in it give us a call for more information. Toys 4 Tots is holding their annual golf tournament and we will be out there greeting their guest in Boulder City.

December 1st is our Up/Down bowl at Sunset Station. This is an annual fundraiser. We get 3 able bodied (UP) bowlers, and we team them with 1 wheelchair (Down) bowler, and you compete against approximately 20 other teams. The cost is \$25 per person. (Please see page 10 for the entry form)

Our Annual Holiday Party December 10th from 12-2pm. We will be serving a traditional holiday meal of turkey, ham and all the trimmings. If you would like to attend, please call the office 702/646-0040 to reserve your spot. (Please see page 11 for the invitation)

One of our favorite things to do is to sponsor the Kids Paralympic Sports Las Vegas Holiday Party. After the kids are done playing their adaptive sports and the annual snowball fight, which is epic then we get to treat the kids and their families to a spaghetti dinner and toys from Santa. We also provide the families with a bag of groceries, a hygiene kit, and a bag of household cleaning supplies.

To ALL our Veterans if you would like:

A Turkey for Thanksgiving please let us know by November 15th

If you would like to be part of our monthly Adopt-A-Vet program, this is a monthly program where we deliver a bag of groceries and a hygiene kit to your home. Those living outside Clark County, NV delivery area we will send you a gift card for groceries. Please give us a call or email and we will get you started right away.

We will be closed Nov 23-25 and December 19-January 2, 2023. However, we will be checking email and phone messages. As always if you are having a medical emergency call 911.

If anyone has any thoughts or ideas for the New Year regarding things to do with our wellness program outings, or ways to help increase quality life for our veterans please reach out to us.

We want to say Thank You to all our amazing Volunteers and Donors throughout the year. We couldn't do any of this without you.

Happy Holidays and Happy New Year!!!!

CANNED FOOD DRIVE: We are in need of canned food donations starting now through April 2023.

If you, your family, place of employment or a group you belong to want to help please give us a call 702/646-0040 or email pvanevada@gmail.com with any questions or arrangements for pick up/drop off of donations. Thank you!

National Director's Report

by Dan Kaminski

I attended the Fall Boards in Orlando, FL Oct 23-25 along with our Executive Director Julie Johnson.

We got a lot of housekeeping items accomplished.

Unfortunately, I was hospitalized due to illness and missed part of the meeting.

Once I got back home, I was hospitalized for the second time this year with pneumonia.

So here is to a new year of renewed health and to improving the quality of life for our veterans and our communities.

Service Officer's Report

by Jason McDonald, NSO

Survivors Benefit Plan-Dependency and Indemnity Compensation Offset Phased Out

As of January 1, 2023 surviving spouses that are receiving both Survivors Benefit Plan(SBP) and Dependency and Indemnity Compensation(DIC) offset will be fully eliminated. What this means is that in 2023, the payment you will receive from Defense Finance Accounting Services (DFAS) is your 2023 Gross SBP amount minus federal taxes withheld and the payment you will receive from VA is the full amount of DIC payment. For more information you can visit <https://www.dfas.mil/RetiredMilitary/survivors/SBP-DIC-News/>.

Step Outside Program

My son drove s to the strip to celebrate a special occasion, my daughter's birthday at our favorite restaurant, Buddy V's Ristorante, which is Cake Boss Buddy Valestro's classy place at the Venetian/Palazzo. My son was brilliant enough to look at satellite images for an aerial view to figure out that parking at the Palazzo was the shortest way there. It avoided the most cobblestone tiles which hurt my back and spine going over all the bumps with my power chair.

We had the best time, the service staff are second to none, and we got special treatment from the manager who seemed to be a relative of Buddy Valestro. We plan to return since the food is impeccably prepared and cooked to perfection Everything melts in your mouth and is so succulent, juicy and tender. Thank you PVA for making this possible for us. It was so memorable. We were all smiles.

Washington Update



VA ANNOUNCES COMING EXPANSION OF THE COMPREHENSIVE CAREGIVER PROGRAM

VA is set to begin Phase 2 of the expansion of the Program of Comprehensive Assistance for Family Caregivers (PCAFC) on October 1. This phase will open the PCAFC to all eligible veterans who served after May 7, 1975, and before September 11, 2001. This final expansion will make certain service-disabled veterans, regardless of era served, eligible to apply for the PCAFC. If you need assistance in applying for the program or have questions, please [contact](#) your PVA service officer.

CONGRESS APPROVES VA COLA BILL

Congress recently passed H.R. 7846, the Veterans' Compensation Cost-of-Living Adjustment (COLA) Act of 2022, which requires the VA to increase rates for disability compensation, additional compensation for dependents, the clothing allowance for certain disabled veterans, and dependency and indemnity compensation (DIC) for surviving spouses and children. It directs the VA to increase payment amounts for these benefits by the same percentage as the cost-of-living increase in benefits for Social Security recipients which will be effective on December 1, 2022. The annual Social Security cost-of-living adjustment is dictated by the consumer price index, which measures the rate of inflation in the U.S. The figure used to determine next year's COLA is expected to be announced in mid-to-late October and it may be the biggest increase seen in many years.

2023 COLA Announced for Veterans and Social Security Benefits

The SSA announced that Social Security benefits will receive an 8.7% cost-of-living increase starting in 2023. The increase is reflective of the effects of inflation. The President also signed legislation ensuring that certain veterans disability compensations programs will receive the same COLA.

Rates for VA Housing Adaptation Grant Programs Raised

The value for some of VA's housing adaptation grant programs were raised at the start of the new fiscal year which began on October 1, 2022. The maximum rate for the Specially Adapted Housing (SAH) grant is now \$109,986 and the Special Housing Adaptation (SHA) grant is now \$22,036. Additionally, rates for the Temporary Residence Adaptation (TRA) grant were raised to \$44,299 for the temporary version of the SAH grant and \$7,910 for the temporary SHA grant. The TRA grant assists veterans who qualify for an SAH or SHA grant but are living temporarily in a family member's home that needs modifications to improve accessibility.

Fraud Alert for PACT Scams

Fraud Alert for PACT Act Scams The VA wants veterans to know that there has been an increase in PACT Act-related phishing (email), vishing (phone), and social media scams targeting veterans to access their PACT Act benefits or submit claims on their behalf. Veterans should always be cautious of anyone who guarantees a lucrative financial benefit or service and remember that PVA service officers will assist you with your claim for free. For more information on this and other issues, go to: <https://nevadapva.org/newsletters/>

Since our last publication, we have had quite a few events. Here are just a few pictures from those events.

GENERAL MEMBERSHIP MEETING



Corporate Sponsor Honoree,
Tropicana Hotel



Community Partner Honoree,
Elks Lodge #1468

PARALYMPIC KIDS PIZZA PARTY



MILITARY SPORTS CAMP



FISHING ON LAKE MEAD



Nevada PVA & Bay Area & Western PVA Northern Nevada Two Day Outing





October

Scott Alderman
Jon Arnesen
Gary Brown
Arletha Carey
Barbara Chackel
Brian Chan
Andrew Cooper
Cedric Delong

Jane Diamond
William Emery
Luther Estes
Jeffrey Futter
Jeffrey Gurney
Jason Halliwell
John Hansen

Shawn Johnson
Douglas Jones
Jason Kelley
Kim Reed
Asa Richter
Brian Walker
Robert Yee

November

Jeffrey Alcorn
Bryan Bedoy
Linda Bennett
Joseph Blicharz
Lawrence Cabrera
Anthony Cherry
Raymond Daigle
Vicki Halloran

Kenneth Harrop
Cassandra Henry
Robert Hudson
Gregory Hughes
Roy Kekahuna
Frank Kennemur
Robert McFalls
Patricia Meints

Gary Odorowski
James Oliver
Ann Perelman
Michael Perelman
Wade Reckinger
Jaime (Jay) Segarra
John Simmons
Vic Skaar

December

Judith Cirino
Lawrence Cook
Lilian Curtis
Carol Davey
Joseph Deucher
Ina Edwards

Dawn Eggstaff
Pat Ellison
Rona Mae Fenn
Tom Hudson
Shane Irwin
John Kennedy

John King
Donald McCrory
Kenneth Sandoval
Steven Simmons
Robert Stilz

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Instagram: [Instagram.com/pvanevada](https://www.instagram.com/pvanevada)



NEVADA PARALYZED VETERANS OF AMERICA
"LAS VEGAS INVITATIONAL"

December 1-December 4

Sunset Station 1301 W Sunset Rd. Henderson, NV 89014

Singles Entry - Closing Date - Nov. 21, 2012 Postmark

Games Bowled At:

Sunset Station
Las Vegas, NV

AWBA # _____ USBC # _____

Mail Entry To:

Nevada PVA
704 South Jones Blvd.
Las Vegas, NV. 89107
702-646-0040

Singles Entry Fee	\$135.00	_____
Doubles	\$ 30.00	_____
Up/Down	\$ 25.00	_____
Sidepots: Handicap	\$ 15.00	_____
Scratch	\$ 15.00	_____
Silent Partner:	\$ 5.00	_____
TOTAL	\$	_____

Please Print:

Name _____

Address _____

City _____ State _____ Zip _____

Phone # _____ Email _____

CHECK DIVISION ENTERING: SCATCH _____ HANDICAP _____ NOVICE _____

Doubles: Partner: _____ Handicap _____ Please Assign _____

UP/DOWN: Partner: _____ Handicap _____ Please Assign _____

Partner: _____ Handicap: _____

UP/DOWN: Partner: _____ Handicap _____ Please Assign _____

Partner: _____ Handicap: _____

Tournament Average is calculated by the AWBA designee and will be assigned and set to you when your entry is confirmed. New bowlers must provide a league sheet to provide a tournament average. Should one not be provided, the bowler must bowl scratch.

Please pay all fees with one check made payable to Nevada PVA and mail to Nevada PVA, 704 South Jones Blvd. Las Vegas, Nevada, 89107 or simply pay via Credit Card at AWBA.org with the donate button. Confirmation of your entry will be returned via email with your entering average.

The Nevada Paralyzed Veterans of America
&
The American Wheelchair Bowling Association

9 Pin No-Tap
\$25.00 Per Player
Team Entry

Player	Average	Email Address
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Individual Entry

_____	_____	_____
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Mail form with check to: Nevada PVA

704 S. Jones Blvd.

Las Vegas, NV 89107

Or Pay through our website at nevadapva.org (just hit donate button)

Or scan and email to: pvanevada@gmail.com



Come join us for our Annual Holiday Party. Visit with members, enjoy a great meal and win prizes.

**Come join us and celebrate the
Holidays with**

Nevada Paralyzed Veterans

December 10, 2022

12 pm—2pm

The Howard Lieburn Senior Center

6230 Garwood Ave., Las Vegas

Please RSVP by December 1st to:

pvanevada@gmail.com

or

702/646-0040

Full classic holiday meal



**We will be collecting unwrapped gifts for
our Toys for Tots campaign (optional)**

Thank You!

Donor Spotlight VFW 12093

Donor List

Deanna Ackerman	Clyde MacElrath
Michael Alexander	Carmela Monahan
America's Charities	MCA Realty
Bea Barbarito	MGM Foundation
Patricia Bourdage	MGM Resorts
Brokers Commercial Vegas, LLC	Naby Federal Credit Union
Barbara Chambers	Network for Good
Connell & Associates LTD	Raiders Foundation
Tobey Cummings	Bob Richard
Marcela Custer	Michael Richmond
Patti Dillon	Fred Schultz
Enterprise Holdings Foundation	Maria A. Smith
Terry Estabrook	Charles H Stout Foundation
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Hogs & Heifers Saloon	The Robert W & Jo Ann Linge Family Trust
John Johnson	
Robert Kaufman	
Kayo Energy	
Kroger	
Links for Life Foundation	

Community Partners

Tropicana Hotel and Casino	Paralympic Sports Club
MGM Resorts Foundation	The Siegel Group
Elks Lodge #1468	Smith's
Bank of America	Race 2 Erase 22
Capability Health & Human Services	The NV Energy Foundation
Catholic War Veterans	Total Wine & More
City of Las Vegas Parks and Recreation	United Way of Southern Nevada
Help Genesis Apartments	Raiders Foundation
Mobility Works	Southwest Gas
Nevada Council on Problem Gaming	Vegas Golden Knights

Help support veterans Make a donation today!

Nevada Paralyzed Veterans of America is a 501(c)(3) non-profit charitable organization.

Tax ID #31-1647467. Your gift is tax-deductible to the full extent of the law.

Donations can be made in any amount. They will accumulate from January 1—December 31. Donors will be printed in our monthly newsletter unless otherwise requested. To make a donation go online to www.nevadapva.org or call 702-646-0040.

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EMAIL: INFO@PRO-BED.COM
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It is critical to file a VA Disability Claim while on active duty. This is your best opportunity to maximize your VA Disability Rating.

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Veteran Benefits Guide provides guidance to U.S. Military Veterans receiving VA Disability Compensation by giving them the tools and resources needed to increase their VA benefits simply and expeditiously. Veteran Benefits Guide is not affiliated with the Department of Veterans Affairs nor any other government agency.

*None of the statements or statistics referenced on this advertisement constitutes a guarantee of any specific result.

Resources related to Afghanistan

Veterans who served in Afghanistan may be experiencing a range of challenging emotions related to the U.S. withdrawal from the country and the events unfolding now. Veterans who served during other conflicts may also be feeling strong emotions as they may be reminded of their own deployment experiences.

Here is a list of available resources, call center information, peer support, and other community services:

NVDS - [Local Vet Center groups](#)

Vet Centers – Discuss how you feel with other Veterans in these community-based counseling centers. **70% of Vet Center staff are Veterans.** Call [1-877-927-8387](tel:1-877-927-8387)

Veterans Crisis Line – If you are having thoughts of suicide, call [1-800-273-8255](tel:1-800-273-8255), then PRESS 1 or visit <http://www.veteranscrisisline.net/>

For emergency mental health care, you can also go directly to [your local VA medical center](#) 24/7 regardless of your discharge status or enrollment in other VA health care.

VA Women Veterans Call Center – Call or text [1-855-829-6636](tel:1-855-829-6636) (M-F 8AM – 10PM & SAT 8AM – 6:30PM ET)

VA Caregiver Support Line – Call [1-855-260-3274](tel:1-855-260-3274) (M-F 8AM – 10PM & SAT 8AM – 5PM ET)

Download VA's self-help apps – Tools to help deal with common reactions like, stress, sadness, and anxiety. You can also track your symptoms over time.

VA Mental Health Services Guide – This guide will help you sign up and access mental health services.

MakeTheConnection.net – information, resources, and Veteran to Veteran videos for challenging life events and experiences with mental health issues.

Tragedy Assistance Program for Survivors (TAPS) – [Tragedy Assistance Program For Survivors \(TAPS\) Is Here For You!](#) or call [800-959-TAPS](tel:800-959-TAPS) (8277)

If you are struggling, the worst thing you can do is nothing. Don't be afraid to lean on your Veteran community and please consider reaching out to VA if you would like to learn more about what is available.



Las Vegas VA Medical Center Locations

Mailing Address: VA Southern Nevada Healthcare System, 6900 North Pecos Road, North Las Vegas, NV 89086

Main Number: 702-791-9000 **Toll-Free Phone:** 1-888-633-7554 **VA Pharmacy:** 702-791-9076

Toll-Free Nurse Advice Line: 1-877-252-4866

	Northeast Primary Care Clinic 4461 East Charleston Boulevard Las Vegas, NV 89104	702-791-9050
	Northwest Primary Care Clinic 3968 North Rancho Drive North Las Vegas, NV 89130	702-791-9020
	Pahrump Community Based Outpatient Clinic 2100 East Calvada Boulevard Pahrump, NV 89048	775-727-7535
	Southeast Primary Care Clinic 1020 South Boulder Highway Henderson, NV 89015	702-791-9030
	Southwest Primary Care Clinic 7235 South Buffalo Drive Las Vegas, NV 89113	702-791-9040
	Community Resource and Referral Center 926 West Owens Avenue Las Vegas, NV 89106	702-791-9077
	Mike O'Callaghan Federal Medical Center 4700 North Las Vegas Boulevard Las Vegas, NV 89115	702-653-2227 EMERGENCY CARE ONLY
	Psychosocial Rehab Recovery Center 3525 W. Cheyenne Avenue North Las Vegas, NV 89032	702-791-9060
	Vet Center - Las Vegas 1919 South Jones Boulevard, Suite A Las Vegas, NV 89146	702-251-7873
	Vet Center - Henderson 400 North Stephanie Street, Suite 180 Henderson, NV 89014	702-791-9100
	Women's Health Center Temporarily at Northeast PCC 4461 East Charleston Boulevard Las Vegas, NV 89104	702-791-9050

Veterans Transportation Service (VTS)

Veterans can schedule transportation through their VA primary Care Provider or by calling the VTS office at 1/844-859-5074. Please schedule transportation ahead of

NATIONAL CRISIS HOTLINE
1/800-273-8255

Nevada Paralyzed Veterans of America
704 S. Jones Blvd.
Las Vegas, NV 89107
-702) 646-0040
Fax: (702) 646-3712
Toll Free: 1-866-638-3837
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4

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