

<u>INSTRUCTIONS</u> to attend the National Veterans Wheelchair Games at HOME Education Series are below. *Please note that internet data rates will apply according to your established carrier plan.

<u>Step 1</u>—From your <u>SMART PHONE or IPAD</u>, download the ADOBE CONNECT app. You must accept terms of use for service. This app is free of charge for use.



<u>Step 2</u>— After download and acceptance of terms of use, you <u>MUST</u> exit app.

<u>Step 3</u>—Click on link (highlighted in yellow on education schedule) to attend session of your choice. You will see this screen to "leave mail and open this link". Click "open".





<u>Step 4</u>— Click on "Open Adobe Connect"

<u>Step 5</u>— Click "next" to enter Education Session.

<u>Step 6</u>— Click "Guest" and type "Your name" in designated box. Click Next.

*Screen will open in your session of choice, enjoy!







INSTRUCTIONS to attend the National Veterans Wheelchair Games at HOME

Education Series - **continued**

<u>Step 1</u>—From your <u>LAPTOP OR TABLET</u>, click on link (highlighted in yellow on education schedule) to attend session of your choice.

<u>Step 2</u>—Type First and Last Name and click "Enter Room".

*Screen will open in your session of choice, enjoy!



It is suggested that you "test" this process **BEFORE** the actual date and time of your education session. Should you experience difficulties, please email Cynthia.Lees@va.gov for assistance.



Who is taking home the NVWG Cycling Medal for 2020? The 30-Day Cycling Challenge will be awarded to the top three finishers in each class that log the most miles between June 15, 2020 and July 15, 2020. Winners will be announced at the NVWGatHOME Awards Ceremony on July 17,2020.

Registration is required and the competition is:

Group 1 Class IV/V
Group 2 Class II/III
Group 3 Class IB/IC
Group 4 Class IA

Reporting requirements will be sent out before June 15, 2020.

Friday - June 5th, 2020		
TIME	TOPIC / TITLE	PRESENTER(S)
Noon to 1 pm EST	30-DAY CYCLING	Carrie Booker, CTRS NVWG Cycling Head Official
	CHALLENGE	